

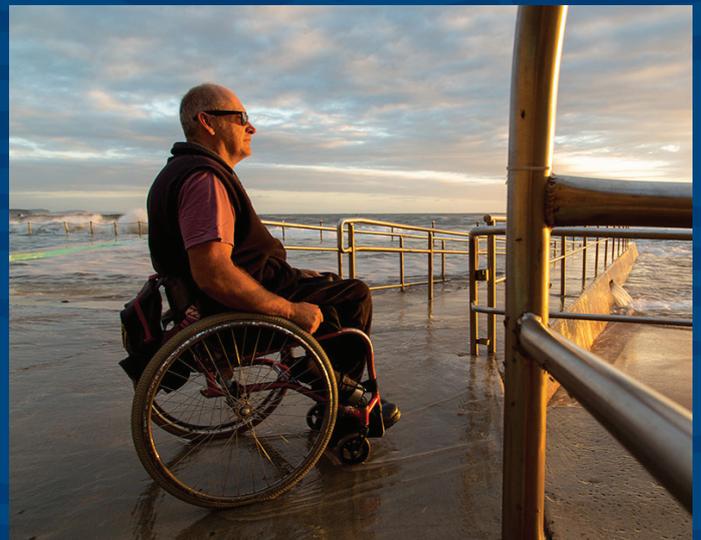


The Colin Apps Memorial Grant

The Sargood Foundation is proud to announce The Colin Apps Memorial Grant - a grant for a 5-night stay at Sargood on Collaroy. The grant is open to qualifying Australian residents over 65 years who live with spinal cord injury (SCI).

Sargood on Collaroy overlooks Sydney's pristine Northern Beaches. Spacious and beautifully appointed accommodation features modern amenities and advanced home automation technology to deliver a comfortable and seamless experience for guests with permanent damage to their spinal cord that is not progressive or palliative.

A stay at Sargood on Collaroy provides guests living with SCI along with their family, friends and/or attendant care workers, a break from daily challenges, while also providing an array of activities and support to open the way to new possibilities of integration and independence.



For further information, please contact Susan Johnston at The Sargood Foundation susan@sargood.org.au or visit sargoodfoundation.org.au to review guidelines and download application form



Included in the grant is:

- Up to 5 nights' accommodation in a deluxe studio room for grant recipient and family, friend or attendant care worker
- Up to \$500 towards travel costs to and from Sargood on Collaroy
- Up to 6 hours of assistance with personal care per day
- Use of all onsite adaptive equipment
- Access to the weekly activities program during the stay



Colin Apps was a local resident who lived with spinal cord injury and who lead the fight against developers to retain the land on which Sargood on Collaroy is built as a unique place of healing. His drive and vision facilitated the creation of Australia's, and possibly the world's, first purpose-built resort for people with SCI.



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I have had the opportunity to do things that I would never have dreamed of doing. The kayaking was incredible, so peaceful - we just went around the island and on the far side the seabirds and scenery was unbelievable. It is of vital importance to me that I maintain my interests, hobbies and sports.

I like to learn new things and try my hand at new leisure activities. Despite my disability and spinal cord injury I have never let this limit my participation in life.

Lynn - Colin Apps Grant Recipient 2019

Applications for the grant will close on 30 November 2020. The recipient will be selected from applicants at the discretion of the Sargood Foundation and will be announced in December, with the grant available for use between February and June 2021 (depending on room availability and excluding school holiday periods).