

## 11TH ANNUAL REPORT SARGOOD FOUNDATION 2022-2023

First up thank you to the wonderful team at Sargood on Collaroy – and especially the General Manager James, for their outstanding support and implementation of Sargood Foundation funded initiatives such as the Kids camp, Internship pilot and Foundation funded accommodation and travel program.

Thanks also to our valued partner Royal Rehab for their support of Sargood on Collaroy and their efforts to build occupancy and provide an unmatched experience to our guests - lease arrangement is working well for all parties – currently in year 2 of 10 year instal lease term and we look forward to many more years of successful collaborations.

- There were 651 bookings to stay at Sargood on Collaroy for FY23 that's up 96% on the previous year!
- Occupancy hasn't quite reached pre Covid levels but is up by 27% to 52% and looking good
- FY 23, the team managed 6579 guest nights up 80% and OCC nights 3262 (up 84%)

We so greatly appreciate the personal involvement and interest in our work of our Patron, Sir Peter Cosgrove and the great ongoing support from our Ambassadors – Sam and Jenny Bailey, James Gribble, Heidi Haydon, Kevin Hitchcock and Nick Taylor.

Thank you to our valued and generous supporters from the Collaroy Community, The Cauliflower Club, The Primary Club, Lady Fairfax Charitable Trust, the Count Charitable Foundation, the Griffin Foundation, ISC Foundation.

And to our Community Partners - Long Reef Golf Club, Stella Blu, Australia Post, Collaroy Beach Club and Brilliant Logic.





## Sargood Foundation Investment

The Sargood Foundation's vision is that all people affected by Spinal Cord Injury are provided with every opportunity to live life to the fullest. We genuinely want to make a positive difference in the lives of those living with SCI.

Here are some examples of what we have been able to achieve FY23 thanks to the generous support of our community of donors and supporters:

Accommodation and Travel Grants: The Foundation was able to fund 15 stays at Sargood – half were awarded to over 65's who often struggle financially. We also helped families with extra rooms and others with inadequate insurance. Travel Grants were also given to guests to help with their costs to get to Collaroy.

**Emergency Funding Program:** A new initiative awarded 18 grants to fund the provision of equipment and care for inpatients (mainly aged over 65) to be safely discharged from hospital and for other emergency situations.

**Gym Sessions:** 4 community members benefited from Foundation and Royal Rehab funded sessions with physio and gym membership – these are enormously beneficial.

Intern Program: We launched our program to assist those with SCI re-enter the work force. Alex Richter completed a 3-month successful intern program at SoC – so much so, that we're delighted that he now works here part time assisting the team with assistive technology.

**Supporting Families:** In partnership with SCIA we funded the research needed to establish an important new program to support families of those with recent SCI.

Skills for Independence: 3 year funding commitment completed to assist the integration of families into this pilot program that is all about helping people with SCI get the best out of life.

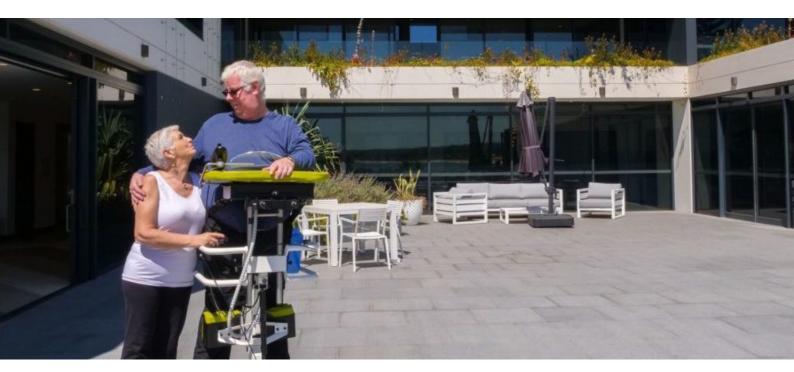
**Kids Camp:** 11 children all living with SCI (and their families) were funded for a very special stay at Sargood. The impact and results from this pilot surpassed all our expectations!

**Sheree Hurley Staff Award:** Ongoing recognition of the wonderful team at Sargood who really make stays at Sargood so special.

**Redcord System:** Thanks to the Cauliflower Club this new gym equipment is is assisting us to push the boundaries of ongoing rehabilitation for all our wonderful clients.

**Paraplegic Jee Trike:** this Off-Road Hand cycle from the Primary Club has proven to be an integral part of one of the most popular recreation services offered at Sargood on Collaroy.

Home Automation: The Foundation is supporting the implementation of assistive technology in all rooms at Sargood on Collaroy which will improve accessibility for all guests





## Board and Director Updates

Thanks to our dedicated volunteer Board of the Sargood Foundation for their commitment to and support of our work - Louise Duff, Liz Macqueen, Rod Macqueen AM.

- Graham Anderson, stepping down as Joint Chair with our sincere thanks for the almost 10 years of service on our board.
- Don Ferguson accepting the role as Joint Chair of Sargood Foundation – Don comes with over 25 years of experience across personal injury and disability in government, nongovernment and private sectors and a focus to get people back to work and to life after their injury.
- Paralympian, Grant Mizens OAM is Sargood Foundation representative on the Sargood Centre board.
- Gregor Millson OAM now Independent Director and Chair of Sargood Centre board.









## THE NEXT YEAR 2023-2024

Looking forward, things can only continue to get better in 2024!

- Positive board successions planned for FY23/24 .
- One large fundraising function for May 2024.
- Pledge received for a significant donation of \$150k pa for 5 years to assist those who sustain an injury over the age of 65 and who are often financially disadvantaged because the Aged Care program does not offer the same level of support as NDIS.
- Further development of the Kids Camp initiative, a commitment to host 2 more internships, increased investment in stays and travel support, partnership with SCIA for pilot of family peer support in SCI units, beginnings of employs-mental assistance programs.

Gregor Millson and Graham Anderson Joint Chairs Sargood Foundation October 2023





