



# Over 65 and living with an SCI? No NDIS or other funding?

## Grants available for 5 night stays at Sargood on Collaroy.

Those who sustain a Spinal Cord Injury (SCI) over the age of 65 can be financially disadvantaged because the Aged Care program does not offer the same level of support as the NDIS. The Sargood Foundation believes that this is unfair and so we're funding stays at Sargood on Collaroy for those living with SCI who are aged over 65 with no NDIS or other funding

The Sargood Foundation is supporting stays of up to 5 nights for those people, living in rural or regional Australia who have sustained an SCI after the age of 65.

Partners and Carers are welcome too!

## Sargood on Collaroy

Our beautiful resort, Sargood on Collaroy, provides guests who are living with SCI, their partner, friends and family with much-needed respite, refreshment, and relaxation. It is also a place of learning, where guests can gain confidence, skills, and the empowerment to live full and rewarding lives.

Thoughtfully designed rooms and suites feature assistive technology, home automation, adaptive equipment and daily living aids. We provide all you need for a comfortable and enjoyable stay. All rooms have a kitchenette for self catering and include a sofa bed for carers or partners if needed.

Stays are tailored to each individual with SCI, regardless of injury level. We offer a range of inclusions, such as personal care, equipment, nursing and O.T. All packages include access to our staff supported adapted recreation and leisure activities program.



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*"It's great to be able to try new things in this amazing no fuss environment – where we can have fun and debate ideas with the staff. Setting out on a new adventure is no big deal for the staff, their attitude is just – ok guys– we can do this, with no hype and no bother, they just make things so easy and normal for us. But don't forget that they're making it possible for us to do some really extraordinary activities – things that we'd never have imagined it would be possible to do – it's just a genius place!!"*

Richard, Sargood Guest Aged 76

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## Benefits of a Stay

1. You will meet other people living with SCI. Access to social supports is recognised as a protective factor against psychological impacts of SCI, such as depression or emotional distress.
2. Access the latest in care techniques, equipment, nurse education, assistive technology and strength and conditioning (to name a few), through our nursing, OT, Exercise Physiology and Physiotherapy services.
3. Partners and carers can gain increased confidence in their own ability to support a person with SCI and their knowledge and skill base will be increased where applicable.
4. Recreation experiences can build confidence and independence. Our spinal specialist staff will support you throughout your participation in our activities, making it a truly positive experience.

## How to apply

Applications can be made via the booking form on the Sargood on Collaroy website [sargoodoncollaroy.com.au/booking-enquiry/](http://sargoodoncollaroy.com.au/booking-enquiry/)

Grants are available to Australian Residents who are over 65 years, with preference given to applicants who can demonstrate financial hardship. Excludes those who have access to NDIS, icare or equivalent insurance funding. Due to a limited number of grants being available, successful applicants will receive a maximum of one stay per two year period.

The recipients of the grants will be selected from applicants at the discretion of the Sargood Foundation.

Any questions, please email Susan Johnston at [susan@sargood.org.au](mailto:susan@sargood.org.au)

