



**Sargood Foundation Rural and Regional Accommodation Grants
Guidelines 2024 - 2025**

**THE SARGOOD FOUNDATION'S VISION IS THAT PEOPLE AFFECTED BY SPINAL CORD INJURY ARE
PROVIDED WITH OPPORTUNITIES TO LIVE LIFE TO THE FULLEST**

Summary

The Sargood Foundation Rural and Regional Accommodation Grants program offers a stay at Sargood on Collaroy for a person living with Spinal Cord Injury (SCI) who meets the following criteria:

- Those who live in Rural and Regional Australia (outside of Sydney metro area)
- Those aged over 65 who are not covered by the NDIS, nor are they covered by state based insurance
- Those who have sustained a recent Spinal Cord Injury and are waiting for the allocation of NDIS or insurance funding
- Those whose NDIS plan is insufficient to cover a stay at Sargood on Collaroy
- Consideration will be given on a case by case basis to fund an additional interconnecting room to accommodate family members or carers for guests who are covered by NDIS

Available only to residents of Australia, preference will be given to applicants that can demonstrate financial hardship and individuals will be limited to one stay in a 2-year period as available funds need to be shared equitably among all eligible guests.

Background

The Sargood Foundation is a DGR registered charity, founded in 2000. Our main project to date has been the establishment of Sargood on Collaroy, an innovative purpose built fully accessible facility for those living with SCI. We continue to provide support to Sargood on Collaroy (run by Royal Rehab) working to deliver a world-first resort for people living with SCI. Currently our focus is on the provision of subsidised stays for guests who otherwise could not afford this valuable experience, and the donation of adaptive equipment to enhance guest stays at Sargood on Collaroy.

Spinal Cord Injury (SCI) is a devastating injury that affects approximately 20,800+ Australians with profound and long lasting consequences. Those who sustain an injury over the age of 65 are often financially disadvantaged because the Aged Care program does not offer the same level of support as NDIS. This means that this cohort are sometimes obliged to use retirement savings to subsidise care and essential equipment. There's often no funds left over for a break from the strain of everyday life, no access to recreation and support, no peer connections and sometimes limited access to nursing support and care

Outcomes of the Sargood Foundation Rural and Regional Grant Program

The Sargood Foundation's vision is that all people affected by Spinal Cord Injury are provided with every opportunity to live life to the fullest.

Outcomes will include:

1. Peer to peer connections to boost social interactions. Access to social supports is recognised as a protective factor against psychological impacts of SCI such as depression or emotional distress
2. Peer to peer learning – incidental learning by watching peers complete day to day tasks
3. Access to Nursing, Occupational Therapy, Physio and Exercise Physiology services during the retreat which can help with outstanding issues, provide education and assistance where needed, show new and better ways of doing things, explain and assist with home automation and technology developments that can help people with SCI and their families live better
4. Partners and carers will have increased confidence in their own ability to support a person with SCI in the most positive way. Their knowledge and skill base will be increased where applicable
5. Improved coping skills and social support which have been reported to mediate caregiver burden and promote positive outcomes for people with SCI
6. Recreation experiences can build confidence and independence

The Sargood Foundation Grant for stays at Sargood on Collaroy Funding

This grant is not transferable, nor cash:

- Funding will be awarded as a maximum 5-night stay for those living in Rural and Regional Australia
- Includes all assistance and activities during the stay
- Up to \$500 towards travel costs to and from Sargood on Collaroy is available on application for a separate travel grant

Conditions of Grant

- The needs of the applicant meet the primary purpose of Sargood on Collaroy, that is to support and promote access and inclusion for people living with Spinal Cord Injury.

- Only available to Australian permanent residents who live with Spinal Cord Injury - anyone else at the discretion of the Foundation
- Priority will be given to new guests
- Nights to be taken in a single stay - Standard and Deluxe rooms only, no upgrades available
- Guests will be invited to contribute what they can afford to, in support of their stay
- Available dates will be offered by Sargood on Collaroy, keeping guest preference of dates in mind
- All financial assistance is granted at the discretion of the Sargood Foundation and available funding. No appeal or correspondence will be entered into.
- The limit of financial assistance to any one individual will be one stay in a 2 year period as available funds need to be shared equitably among all eligible guests

Recipients will be selected from applicants at the discretion of Sargood on Collaroy Clinical team on behalf of the Sargood Foundation, based on the following criteria:

- Adhere to the terms and conditions of stay at Sargood on Collaroy
- If travel grant has been awarded, guest must follow published guidelines
- Return forms etc in timely manner
- Provide testimonial content in support of the Sargood Foundation Grant program
- Complete stay before June 30th 2025

All best efforts will be made to meet the dates requested by the applicant. Travel arrangements to be completed by applicant.

Termination and Deferral

The grant is terminated under the following conditions:

- once the full value is paid to the recipient,
- if the recipient fails to meet the eligibility criteria
- if recipient fails to attend organised stay
- if there is any misconduct by the guest and accompanying partner before or during stay

The grant may be deferred due to illness or inability to travel at the discretion of the Sargood Foundation on proof of medical advice.

Payment of Grant

- The accommodation to a maximum of 5 nights will be paid by the Sargood Foundation to Sargood on Collaroy directly. This covers a stay in self-catering accommodation and includes all activities plus necessary care depending on the guest needs.
- An additional \$500 is available on application towards travel costs to and from Sargood on Collaroy
- There is no roll over of unspent funds

Timing

Stay to be organised at convenience of Recipient before end June 2025 (Depending on room availability)

How to apply

Please complete the booking form here: <https://sargoodoncollaroy.com/book-now/>

Under the funding section, Sargood Foundation should be selected.

The booking form is very in depth for a first stay, and 45-60 mins should be allowed to complete it.

Enquiries and further information

Email susan@sargood.org.au or call Susan Johnston on 0415 127 363

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